The Rice Sort Machine Design to Improve Rice Granules Quality

I Ketut Gde Juli Suarbawa

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Abstract
To produce quality rice, improvement in rice production management must begin at the farmer level (on-farm) by using high-quality seeds and good plant maintenance. Good quality rice is rice grains that don't break or crumble. To urge good quality rice, rice producers usually sort it manually. This method leads to long work processes and low productivity. Efforts to beat this problem are by designing a rice sorting machine which will separate whole rice and broken rice so on lighten the workload, improve rice quality, and increase prices. The results of the study obtained that the look specifications of the rice sieving machine were a). The sieving capacity is 10 kg of rice, the most drive is an electrical motor of 0.25 HP, a V-belt transmission, and an angled iron frame. Machine dimensions: length 120 cm, width 70 cm and height 90 cm). Machine testing the standard of rice grains employing a sorting machine can improve the standard of rice grains by reducing the presence of broken rice (size p=0.30 mm and below) a mean of 0.2 kg for 10 kg of sorted rice or increasing the standard by 1.91%. Machine testing from the ergonomic aspect.

Keywords:
- machine rice sort;
- manual rice sort;
- musculoskeletal complaints;
- quality rice;
- work productivity;

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1 Introduction

In Indonesia, various forms of rice are sold at prices that adjust looking at the standard of the rice. Various factors that determine the standard of rice are shape, size, and aroma. Rice produced by milling is mostly still mixed with broken rice, so a sorting process is required to separate whole rice grains from broken rice. The quality of harvested dry grain (GKP) may also affect the standard of the rice produced, like the presence of yellow grains, contaminants, broken grains, decreased quality when stored or mixed with other varieties. In Indonesia, the standard of rice is best known supported the processing method, like mashed or milled rice, supported the degree of polishing like slip rice, supported regional origin like Cianjur rice, and supported the sort or group of types like IR rice. Rice varieties have different resistance to moisture stress. This resistance is thought of as crack resistance (Allidawati & Kustianto, 1989). Supported SNI 6128:2008, good quality rice is that the size of the pinnacle of the rice grains, both healthy and defective, which have a size greater than or capable 0.75 parts of whole rice grains. The method of sorting rice grains is currently done manually to separate whole rice from broken rice during a sitting position on the ground, long working hours, causing a rise in fatigue, musculoskeletal complaints, and workload, which successively reduces work productivity. Work postured and dealing with conditions that aren't ergonomic can cause complaints like disorders of the system (Manuaba, 2007), cause postural strain which may be a static mechanical load for the muscles which ends up in muscle fatigue (Pheasant, 1991). In step with Adiputra (2002), ergonomic intervention in small-scale industries using ergonomic work equipment will reduce workload and subjective complaints significantly thereby increasing productivity. Several alternative solutions to the above problems through an ergonomics approach are (Manuaba, 2007), (1) improving the organization and work system; (2) fixed-use machine design; and (3) improving work posture. With improvements through ergonomics within the mixing process, namely employing a rice sorter machine model, it's expected to scale back workload, musculoskeletal complaints, and fatigue levels similarly as save energy use and shorten the working time (Camacho et al., 2007; Saruta et al., 2013; Yadnya et al., 2016).

Efforts to beat this problem are by designing a rice sorting machine that may separate whole rice and broken (broken) rice so it can speed up the work process, improve the standard of rice production and also increase selling prices. The planning of the rice sorting machine functions as a machine to separate whole rice from crushed rice through a sieving process that will separate whole rice from crushed rice. The sieving is intended in keeping with a specific grain size that may still have the sieve, which is expressed as crushed grain. The utilization of sorting technology in agriculture has been widely applied, for instance, the carambola sorting system (Abdullah et al., 2006), identification of the degree of harm to coffee beans (Sofi'i & Astika, 2005), edamame cheese grading (Soedibyo et al., 2006), and cut flower grading (Ahmad et al., 2006).

2 Materials and Methods

2.1 Research design

This research is a one-short case study with a pre and post-test design group which was carried out observationally on the rice sorting work process (Corlett, 2005). The chart can be described as follows:

\[ R \rightarrow O1 \rightarrow O2 \]

Description:
R = Random sample.
O1 = The results measured of the pretest experimental unit.
O2 = The results measured of the posttest experimental unit.

2.2 Research variable

The variables to be measured during this study include: (1) workload as measured by pulse before and after work; (2) complaints of fatigue and skeletal muscles before and after work; (3) work productivity after work by comparing work pulse (beats per minute) with the number of products produced (kg) during working time (minutes). The measurement of variables number (1) to number (3) is that the initial condition information data and also the final.
condition is then compared to work out the comparison before the utilization of the rice sorter machine and after the employment of the rice sorter machine (Salter & Wyatt, 1991; Blasco et al., 2009; Van Soest, 2006).

3 Results and Discussions

3.1 Rice sorting machine design

The design concept of designing a rice sorting machine to improve the quality of rice grains is as follows:

3.2 The result of rice sorting machine design

The results of the design of the rice sorting machine designed with an electric motor drive connected via a V-Belt to drive the complete sieve can be seen in Figure 2.
3.3 Machine specification

The specifications of the machine designed using an electric motor drive HP with a capacity of 10 Kg sieve, are fully presented as follows:

1) Capacity : 10 Kg
2) Drive : Electric Motor
3) Motor Power : ¼ HP 1 Phase
4) Machine Dimension : (1580 x 620 x 1160) mm
5) Main Frame : Angle iron bar, (40 x 40 x 3) mm
6) Fastening Bolt : Ø 12 mm and Ø 14 mm
7) Motor Pulley Diameter : 6 mm
8) Sieve Pulley Diameter : 30 mm
9) Transmission : V-Belt Type A-63
10) Axis : ST 37 Ø 25 mm
11) Bearing : P 205; Ø d=25 mm and Ø D=52 mm
12) Machine Weight : 80 Kg

3.4 Rice grain quality test

The results of the manual large sorting test were administrated by separating whole rice and broken rice manually which was disbursed by 10 workers by sorting 10 kg of rice each. The rice that's sorted is rice that has been milled at one in every of the rice producers within the region. While the results of the rice sorting test were distributed 10 times sorting and every time the sorting was 10 Kg of rice. The rice that's sorted employing a machine is the same rice, which is the result of rice production from one among the rice producers within the Bali area. The typical acceptable whole rice is Rice with Mesh 45 (0.354 mm) and Mesh 70 (0.210 mm) for manual sorting (Mohammed & Tarpley, 2009; Fitzgerald et al., 2009). Sorting with the designed sorting machine is that the rice received is Mesh 45 (0.354 mm) and uses a 0.300 mm sieve so the 0.300 mm rice is separated or the rice grains received are Mesh 45 and Mesh 70 is wasted. The standard of rice because the output of the choice web that's made refers to SNI 6128: 2008 (BSN, 2008). The definition for every criterion of the extent of failure is presented in Table 1.

Table 1
Definitions for each physical quality criterion of rice-based on SNI 6128: 2008

<table>
<thead>
<tr>
<th>No.</th>
<th>Physical quality</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Head grain</td>
<td>Rice grains, both healthy and defective, have a size greater than or equal to 0.75 parts of whole rice grains.</td>
</tr>
<tr>
<td>2</td>
<td>Broken grain</td>
<td>Rice grains, both healthy and defective, have a size greater than 0.25 to 0.75 smaller than whole rice grains.</td>
</tr>
<tr>
<td>3</td>
<td>Groats</td>
<td>Rice grains, both healthy and defective, have a size smaller than 0.25 parts of whole rice grains.</td>
</tr>
<tr>
<td>4</td>
<td>Grain *</td>
<td>Rice grains have been separated from the panicles.</td>
</tr>
</tbody>
</table>

*) SNI 0224:1987 (BSN, 1987)

The results of the manual rice sorting test conducted by 10 female workers and the sorting using a sorting machine are presented in Table 2.

Table 2
Test results of manual rice sorting and using a sorting machine

<table>
<thead>
<tr>
<th>No.</th>
<th>Rice Sorting Capacity (kg)</th>
<th>Manual Sorting</th>
<th>With Rice Sorting Machine</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Working Process Time (minutes)</td>
<td>Rice sorting results (p=0.354mm) in Kg</td>
<td>Rice sorting results (p&lt;=0.210 in Kg)</td>
</tr>
<tr>
<td>-----</td>
<td>-------------------------------</td>
<td>----------------</td>
<td>----------------------------</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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Based on Table 2, it’s found that the typical manual sorting time is 203 minutes while employing a machine is just a quarter-hour or reduces working time by 92.62%. Rice grains received within the rice sorting process with the Sorting Machine are grain length (0.350 - 0.354 mm) which is a median of 9.2 Kg for 10 Kg of sorted rice. While within the manual sorting process, the scale of rice received is grain length (0.210 – 0.354 mm) which is 9.4 kg on average for 10 kg of sorted rice. employing a sorting machine can improve the standard of rice grains by reducing the presence of broken rice (size p = 0.30 mm and below) by a median of 0.2 kg for 10 Kg of sorted rice or increasing the standard of rice by 1.91%.

3.5.1 Workload

Measurement of workload is applied by measuring the work pulse per minute with the ten beats method. The working pulse is measured every hour, the ten beats method could be a method by palpating the arterial blood vessel of the hand, which is calculated because of the length of your time it takes from the primary felt pulse to the eleventh pulse, the result’s in seconds (Adiputra, 2002). The workload was measured in Period I (P0) research, namely research on the manual sorting process of rice, and in Period II (PI) research, namely the sorting process employing a rice sorting machine. employment of a rice sorting machine within the rice sorting process reduces the workload of workers by 48%. the common working rate of workers within the P0 study (sorting manually) was 93.13 bpm including the category of sunshine workload (pulse 75 -100) while the common working pulse of workers within the P1 study (sorting employing a rice sorting machine) obtained the typical heart rate work of 73.95 bpm, including the category of very light workload (pulse 65-75) (Adiputra, 2002).

<table>
<thead>
<tr>
<th>No.</th>
<th>Description</th>
<th>Period I (P0)</th>
<th>Period II (PI)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Mini-mum</td>
<td>Maxi-mum</td>
</tr>
<tr>
<td>1.</td>
<td>Resting Pulse (bpm)</td>
<td>65.12</td>
<td>72.50</td>
</tr>
<tr>
<td>2.</td>
<td>Work Pulse (bpm)</td>
<td>81.52</td>
<td>95.53</td>
</tr>
<tr>
<td>3.</td>
<td>Increased Pulse (bpm)</td>
<td>19.41</td>
<td>22.72</td>
</tr>
</tbody>
</table>

3.5.2 Fatigue and musculoskeletal complaints

The subject’s musculoskeletal complaints were measured employing a Nordic Body Map (NBM) questionnaire before and after-work activities. The validity of the questionnaire has been tested with the results showing that every one item is valid (r count > r table) where the r table at = 5% is 0.458 or significance <0.05, while the reliability of the questionnaire obtained Cronbach's Alpha value = 0.755 (above 0.6). that the questionnaire is valid and reliable (Xie et al., 2017; Gallagher, 2005; Suriani, 2019). The results of measuring musculoskeletal complaints within the manual rice sorting work process (PI) obtained a mean score before work of 28.16 ± 0.69 and after work, it increased

to 41.34 (± 3.98) or experienced a rise in the score of 13.18 (±3.42). The results of measurements on the work process of sorting rice employing a machine (PII) obtained a median score of musculoskeletal complaints before work of 30.62 (±0.90) and after work, it increased to 37.31 (± 3.08) or increased by 6.54 (±1.72). The common score of fatigue complaints before manual rice sorting work (PI) was 30.80 (±1.40) increased to 39.10 (±3.06) after work or a rise in score was 8.29 (±3.19), the typical score of fatigue complaints before work on the rice sorting work process employing a machine (PII) was 30.95 (±1.08), increased to 36.10 (±2.06) after work, or experienced a rise in the score of 5.7 (±0.99).

The increase within the average score for musculoskeletal complaints and complaints of fatigue was because of a bent work posture within the rice sorting process. Work posture that bends over and over for an extended time may be a work posture that's not physiological. Work postures that don't seem to be physiological are often caused by the characteristics of task demands, work tools, work stations, and work postures that don't seem to be in by the skills and limitations of workers (Manuaba, 2007; Grandjean & Kroemer, 1997). Un-physiological work postures that are administrated for years can cause bone abnormalities in workers (Grandjean & Kroemer, 1997).

### Table 4

Measurement results of increased fatigue and musculoskeletal complaints

<table>
<thead>
<tr>
<th>No.</th>
<th>Description</th>
<th>Period I (P0)</th>
<th>Period II (PI)</th>
<th>Standard Deviation</th>
<th>Standard Deviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>The increased fatigue score before and after work</td>
<td>6</td>
<td>12</td>
<td>8.29</td>
<td>3.19</td>
</tr>
<tr>
<td></td>
<td>The increased score of musculoskeletal complaints before and after work</td>
<td></td>
<td></td>
<td>12</td>
<td>17</td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>13.18</td>
<td>3.42</td>
<td>3.31</td>
<td>3.42</td>
</tr>
<tr>
<td></td>
<td></td>
<td>11.25</td>
<td>6.43</td>
<td>5.7</td>
<td>0.99</td>
</tr>
</tbody>
</table>

Kimberly (2011), states that it's necessary to alter the work system to cut back the amount of worker fatigue (Kimberly, 2011). Roles et al. (2009), conducted a study on a piece model that supported ergonomics and located that the work model was able to reduce fatigue up to 17.71%. Husein et al. (2009), also stated that the planning of an ergonomics work system can reduce the extent of worker fatigue. While Dinata et al. (2015), researched alternative working postures sitting and standing can reduce work fatigue up to 11.79%. The working posture of craftsmen should be cultivated in physiological positions like when sitting and standing, to not cause work postures that pass through the body's physiological abilities (Grandjean & Kroemer, 1997). This is often by the research conducted by Putri & Griadhi (2015), which states that improving ergonomic working conditions can reduce workers' musculoskeletal complaints.

### 3.5.3 Work productivity

The work productivity of the themes within the rice sorting process was recorded supported the comparison of output (output) with input (input) at a particular unit of time. The output produced is the amount of sorted rice produced by the crafter during working hours, while the input is the working pulse of the crafter. The calculation results of manual rice sorting work productivity (PI) is 54.21±3.09 and rice sorting work productivity employing a sorting machine (PII) is 133.69±1.49 and a rise of 146.61%. This increase in productivity is because of a decrease in workload and reduced fatigue and musculoskeletal complaints similar to a rise within the production of rice sorts. To extend productivity, consistent with Kimberly (2011), it's necessary to alter the work system to scale back the amount of worker fatigue so that working time is shorter and production can increase (Kimberly, 2011). Husein et al. (2009), also stated that the planning of an ergonomic work system can reduce the amount of worker fatigue.
Table 5
Results of work productivity measurement

<table>
<thead>
<tr>
<th>Work productivity using a sorting machine</th>
<th>n</th>
<th>Minimum</th>
<th>Maximum</th>
<th>Mean</th>
<th>Std. Deviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rice quality</td>
<td>10</td>
<td>99</td>
<td>152</td>
<td>133.69</td>
<td>1.49</td>
</tr>
</tbody>
</table>

Ergonomics intervention recommendations to extend work productivity also are widely stated by ergonomics researchers, like in Priambadi’s (2013), research through improving working conditions for smelting gamelan craftsmen can increase work productivity by 26.67% and Susana’s (2018), research with Ergonomics intervention can increase work productivity by 54.88%. Setiawan’s (2014), research through work station design can increase work productivity by 20.29%. The research of Yusuf et al. (2018), and Suarbawa et al. (2018), research also states that non-physiological work postured can cause a rise in musculoskeletal complaints and worker fatigue.

4 Conclusion

Based on the discussion that has been carried out, the following conclusions can be:

1) The planning specifications of the rice sieving machine are: the sieving capacity is 10 kg of rice, with an electrical motor of 0.25 HP, a V-belt transmission, and an angled iron frame. Machine dimensions: length 120 cm, width 70 cm and height 90 cm.

2) Rice quality testing shows that employing a sorting machine can improve the standard of rice grains by reducing the presence of broken rice (size $p=0.30$ mm and below) by a median of 0.2 kg for 10 Kg of sorted rice or increasing the standard of rice by 1.91%.

3) Machine testing from the ergonomic aspect, among others:
   a) The employment of a rice sorting machine within the rice sorting process reduces the workload of workers by 48%. the typical working vital sign of workers within the P0 study (sorting manually) was 93.13 bpm including the category of sunshine workload (pulse 75-100) while the typical working pulse of workers within the P1 study (sorting employing a rice sorting machine) was obtained the common vital sign work of 73.95 bpm, including the very light workload category.
   b) The results of measuring musculoskeletal complaints within the manual rice sorting work process (PI) obtained a median score before work of 28.16 ± 0.69 and after work, it increased to 41.34 ± 3.98 or experienced a rise in the score of 13.18 ±3.42. The results of measurements on the work process of sorting rice employing a machine (PHI) obtained a mean score of musculoskeletal complaints before work of 30.62 ±0.90 and after work, it increased to 37.31 ± 3.08 or increased by 6.54 ±1.72.
   c) The typical score of fatigue complaints before manual rice sorting work (PI) was 30.80 ±1.40 increased to 30.80 ±1.40 after work or a rise in score was 8.29 ±3.19, the common score of fatigue complaints before work on the rice sorting work process employing a machine (PHI) was 30.95 ±1.08, increased to 36.10 ±2.06 after work, or experienced a rise in the score of 5.7 ±0.99.
   d) The calculation results of manual rice sorting work productivity (PI) is 54.21±3.09 and rice sorting work productivity employing a sorting machine (PII) is 133.69±1.49 and a rise of 146.61%.

Conflict of interest statement
The author declared that he have no competing interest.

Statement of authorship
The author have a responsibility for the conception and design of the study. The author have approved the final article.
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